

Throughout November, the delivery of basic life-saving support to approximately 125,000 crisis-affected people was constrained by 80 access-related incidents reported by humanitarian partners across 12 states and regions in Myanmar. The number of recorded incidents decreased by 17 per cent compared to October and was eight per cent below the 2025 monthly average. For the fifth consecutive month, Rakhine State recorded the highest number of incidents, accounting for 25 per cent of all reports, followed by Sagaing (21 per cent) and Mandalay and Magway (each 11 per cent).

Ongoing armed hostilities between the Myanmar Armed Forces (MAF) and Non-State Armed Groups (NSAGs) accounted for 64 per cent of all reported incidents, continuing to hinder relief operations in 11 states and regions. Rakhine, Sagaing, Magway and Kayah together represented 69 per cent of all conflict-related incidents in November. Due to intensive clashes, humanitarian activities scheduled in several townships in Chin, Kayah, Kayin, Mandalay, Mon and Sagaing were suspended for up to 30 days, affecting education, health, protection and WASH programmes. A health clinic in Kawkareik Township (Kayin) was reportedly damaged during fighting between the MAF and an NSAG. In addition, three organizations temporarily relocated field staff for over two weeks due to safety concerns in Magway and Sagaing. Airstrikes reported in six states and regions, including Kachin and Rakhine, caused delays and postponements of planned activities. One local volunteer was reportedly killed in Magway, and a school building reportedly sheltering IDPs in Singu Township of Mandalay sustained severe damage.

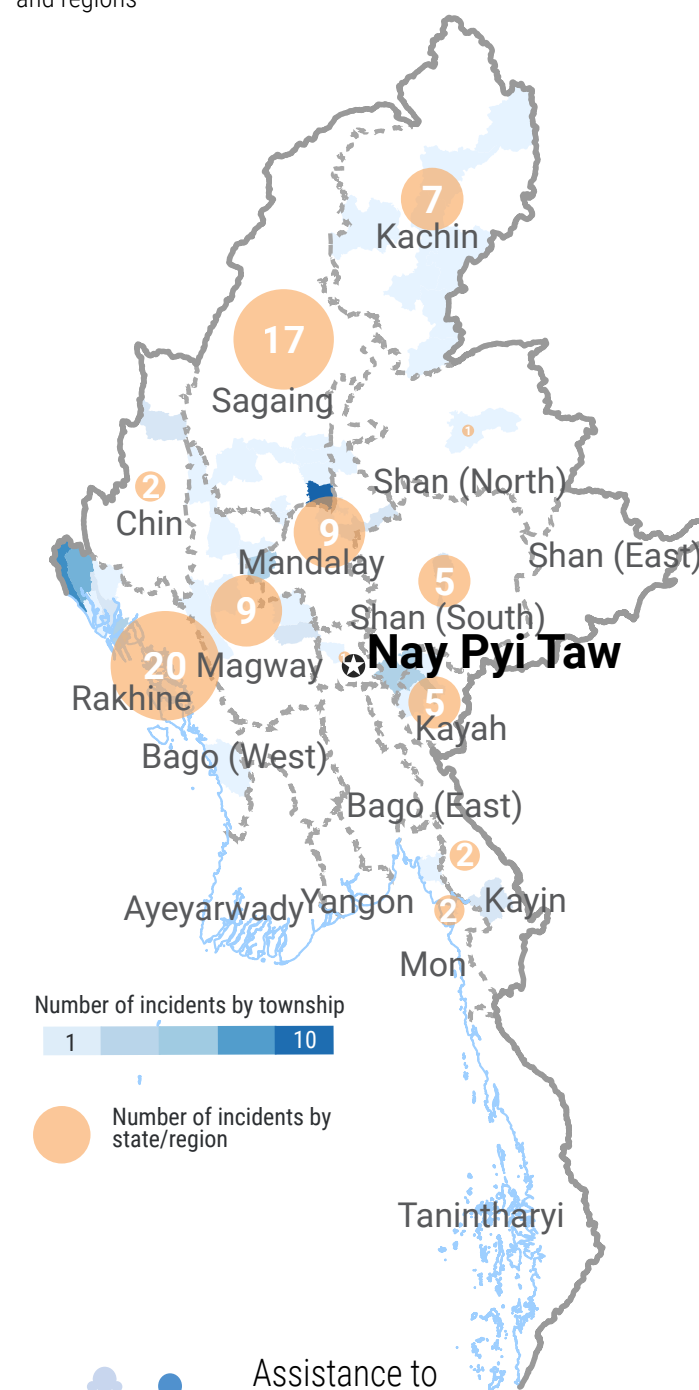
Eleven incidents involving administrative and bureaucratic impediments were reported in Kachin, Magway, Mandalay, Nay Pyi Taw and Sagaing during November. Over 70 per cent were related to delays or movement restrictions at checkpoints. In Kachin, a checkpoint in Sumprabum Township barred the movement of people under 45 years of age, forcing organizations to postpone activities for over a month. Separately, restrictions on the shipment of tarpaulins and non-food items (NFIs) through a checkpoint in Nyaung-U Township (Mandalay) delayed scheduled deliveries by over five days. Several humanitarian organizations in Mandalay, Sagaing and Rakhine had to re-programme activities for up to ten days due to ongoing conscription at project sites by parties to the conflict.

During the reporting period, aid organizations reported two incidents of confiscation of relief items, especially tarpaulins, NFIs and WASH materials, at checkpoints in Southern Shan and Sagaing; however, the detained materials were released after five days in Sagaing.

80 incidents reported in 12 states, sub-states and regions

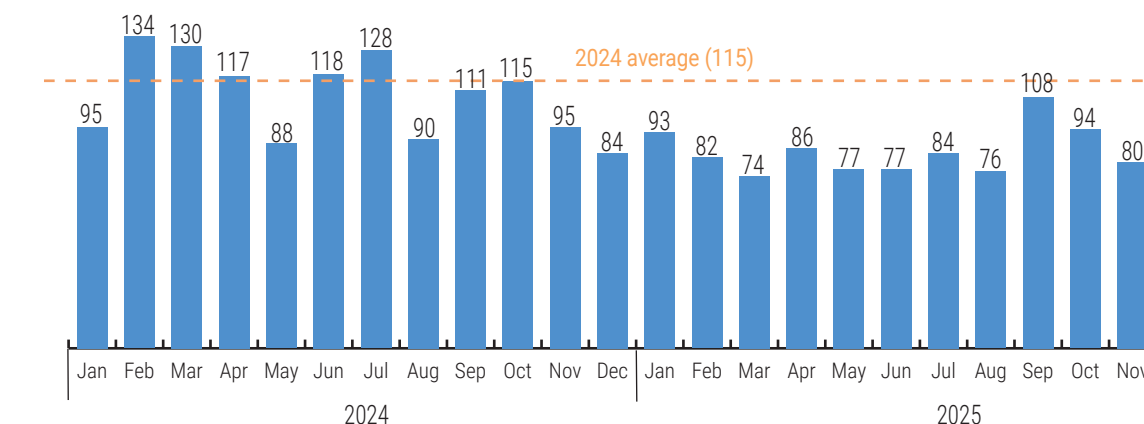
25% of incidents reported from Rakhine

64% of incidents related to military operations

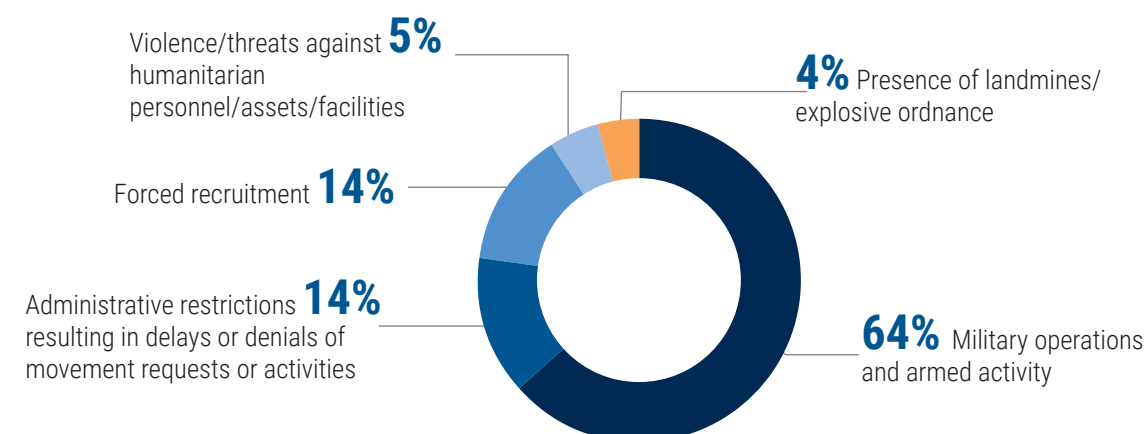


Assistance to **125K** people affected by access impediments*

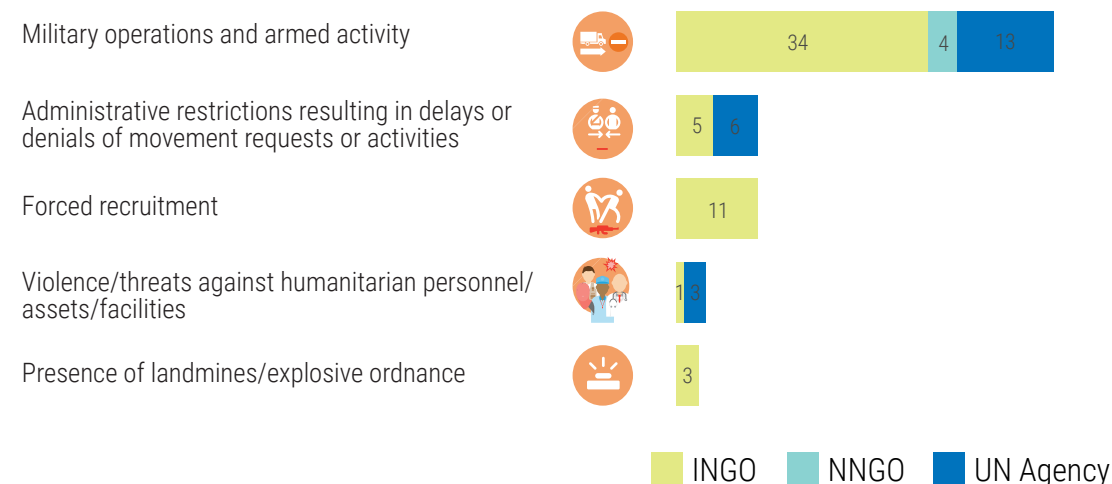
COMPARISON OF REPORTED ACCESS INCIDENTS OVER TIME



OVERVIEW OF REPORTED INCIDENTS



ACCESS CONSTRAINTS BY PARTNER TYPE



Methodology: Information in this snapshot is based on incidents reported to AMRF by humanitarian organizations during the reporting period. The access snapshot is broadly indicative of wider access dynamics encountered in Myanmar, however, it does not present a comprehensive view of all access challenges, as access incidents are underreported, and the snapshot only covers areas where organizations have been able to maintain a sustained humanitarian presence.

*Estimated minimum number of people affected by the interruption of services or delays in delivery of assistance indicated by incidents reported between 1 - 30 November 2025.

The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations. The data for this map has a limited number of sources. The data is not independently verified and is subject to error or omission, deliberate or otherwise by various sources. **Creation date:** 26 December 2025 **Sources:** Humanitarian partners in Myanmar. **Feedback:** ochamyanmar@un.org, www.unocha.org, www.reliefweb.int