

In October, basic humanitarian assistance intended for approximately 85,000 crisis-affected individuals was impeded by 94 access-related incidents reported by humanitarian organizations from 13 states and regions in Myanmar. While the number of reported incidents declined by 13 per cent compared with September, it remained 8 per cent above the 2025 monthly average. Rakhine State had the highest number of incidents reported for the fourth consecutive month, comprising 28 per cent of all reports, followed by Chin, Sagaing, Bago (East), and Shan (North).

Armed hostilities continued to be the most prevalent driver of access disruptions, affecting planned humanitarian activities in eight states and regions. Rakhine, Chin, Kayin, and Sagaing together accounted for 58 per cent of all conflict-related incidents during the month. Armed clashes forced several organizations to postpone or delay planned humanitarian activities, and two organizations temporarily relocated staff to safer areas in Kayin and Magway. Airstrikes and heavy-weapon attacks further heightened risks for aid workers in Chin, Kayin, Mon, Sagaing, and Shan (North). In Chin State, two school buildings were damaged and one national staff member was injured in separate incidents in Hakha and Kanpetlet townships.

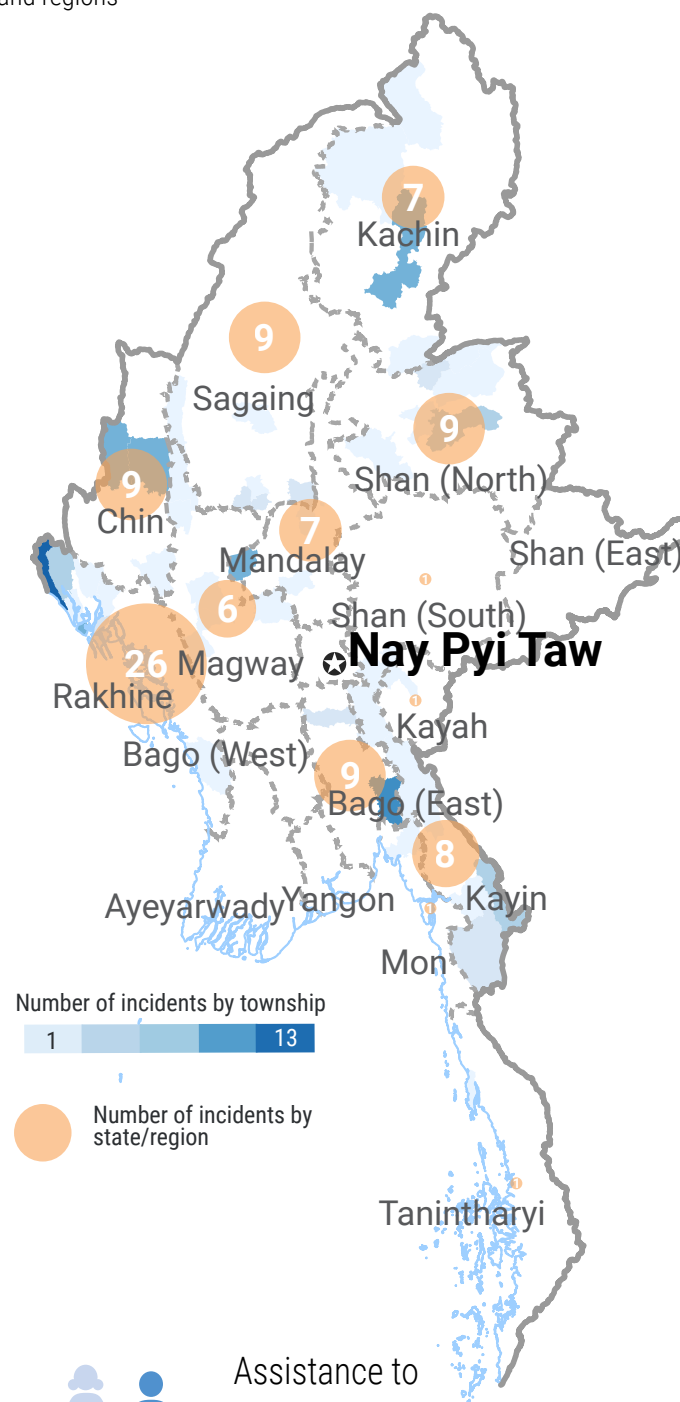
Administrative and bureaucratic impediments also continued to hinder operations, with incidents reported in Bago (East), Kachin, Magway, Rakhine, and Shan (North). Prolonged delays and intensified scrutiny at checkpoints, particularly in Rakhine and Kachin, disrupted the delivery of essential life-saving assistance. In Rakhine, medical supplies have remained stuck at checkpoints for nearly three months, raising growing health concerns among affected communities. In Shan (North), organizations attempting to reopen field offices in Lashio were instructed by local authorities to postpone their efforts until the end of the year.

Violence and threats against humanitarian personnel persisted, with ten such incidents reported across five states and regions. Kachin recorded the highest number. In eight separate incidents, ten aid workers were detained by parties to the conflict, significantly disrupting health, water, and sanitation services. Six of the detained staff were released the following day, while the status of the remaining individuals remained unknown as of the end of October. In Buthidaung, Rakhine State, an unidentified armed group attacked a truck transporting protection-related items, although no damage was reported. Meanwhile, a humanitarian organization operating in an IDP camp in Pauktaw township (Rakhine) was instructed by the local administration to obtain prior approval for project implementation, resulting in a temporary suspension of sanitation activities.

94 incidents reported in 13 states, sub-states and regions

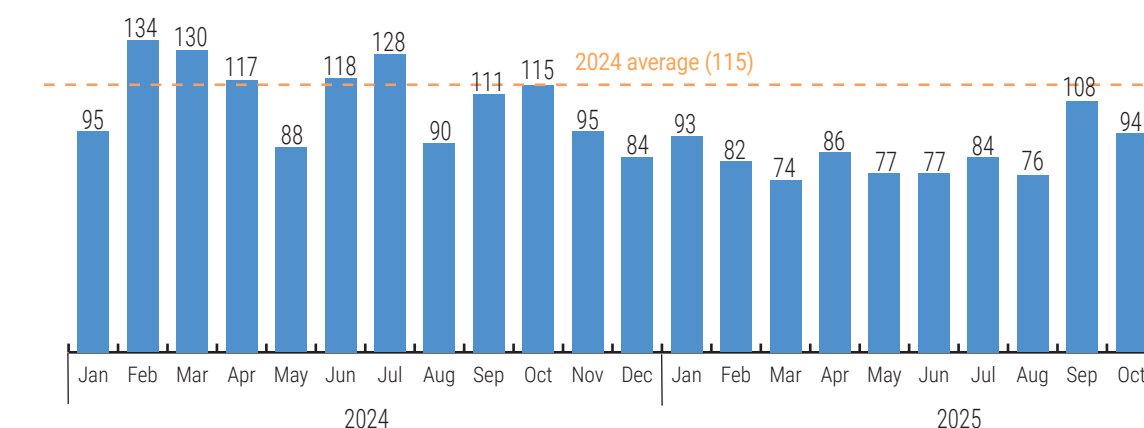
28% of incidents reported from Rakhine

63% of incidents related to military operations

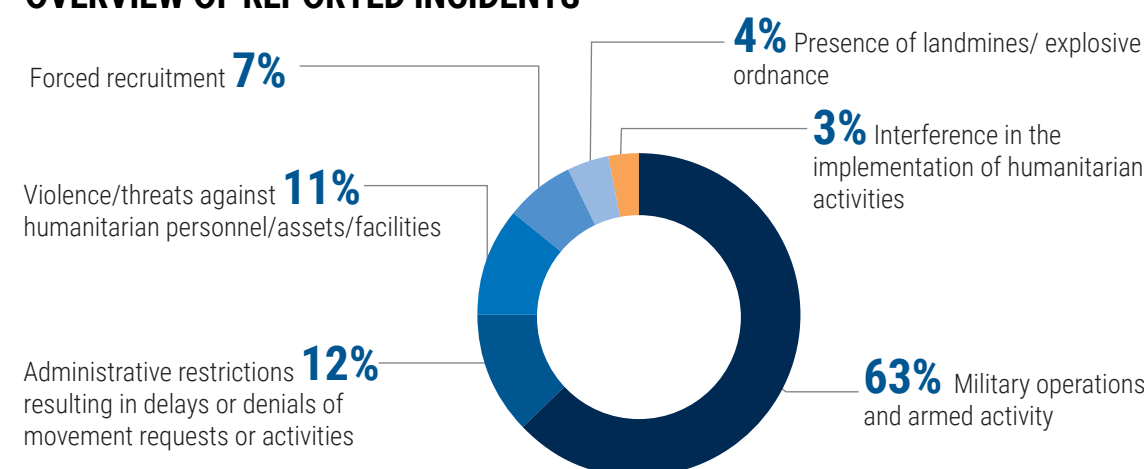


Assistance to **85K** people affected by access impediments*

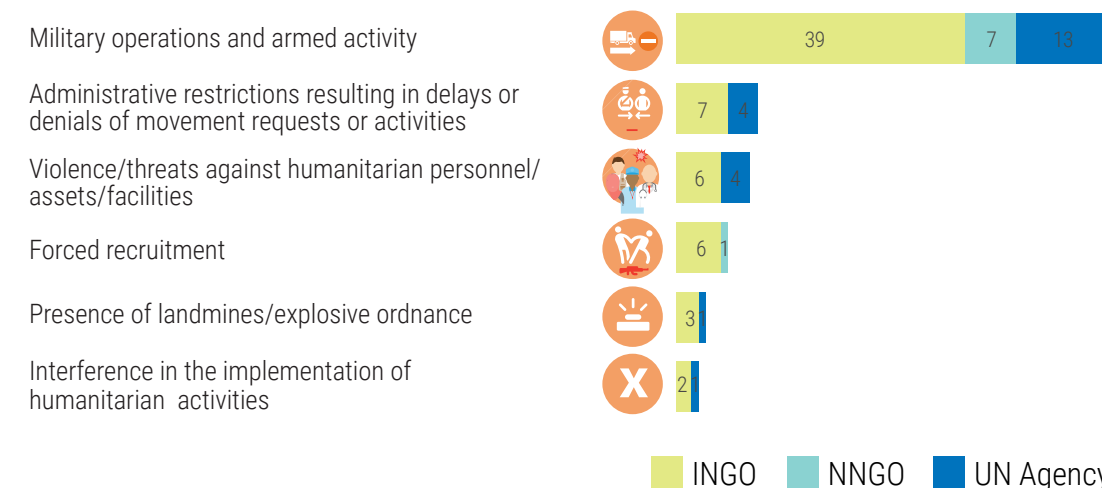
COMPARISON OF REPORTED ACCESS INCIDENTS OVER TIME



OVERVIEW OF REPORTED INCIDENTS



ACCESS CONSTRAINTS BY PARTNER TYPE



Methodology: Information in this snapshot is based on incidents reported to AMRF by humanitarian organizations during the reporting period. The access snapshot is broadly indicative of wider access dynamics encountered in Myanmar, however, it does not present a comprehensive view of all access challenges, as access incidents are underreported, and the snapshot only covers areas where organizations have been able to maintain a sustained humanitarian presence.

*Estimated minimum number of people affected by the interruption of services or delays in delivery of assistance indicated by incidents reported between 1 - 31 October 2025.

The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations. The data for this map has a limited number of sources. The data is not independently verified and is subject to error or omission, deliberate or otherwise by various sources. **Creation date:** 25 November 2025 **Sources:** Humanitarian partners in Myanmar. **Feedback:** ochamyanmar@un.org, www.unocha.org, www.reliefweb.int