

CHOLERA



WHAT YOU NEED TO KNOW

HOW IT SPREADS

- Drinking contaminated water
- Eating contaminated food
- Contact with faeces, vomit or things that have been contaminated with the faeces or vomit of someone who has cholera
- Contact with someone who has died from cholera

SYMPTOMS

- Severe diarrhoea
- Vomiting
- Leg cramps
- Feeling weak

Severe diarrhoea can cause **dehydration**, which can lead to **weakness** and even **death** if not treated rapidly.

TREATMENT

Oral Rehydration Solution (ORS)

Get ORS from a health worker or make it at home.



World Health
Organization