**ORAL REHYDRATION THERAPY ROLE PLAY**

**SCENARIO 1 – The family**

**ORT volunteer:**

The daughter of this family has told her teacher at school that her grandfather was having huge vomits and she thinks diarrhoea too. She was very scared that the grandfather would die as he refuses to go to the healthcare facility. The teacher knows you very well and has requested that you visit the family to help them. Prepare yourself to explain how to prepare ORS, key messages on cleaning and disinfection, referral and how to avoid being sick.

**Grandfather:**

You are feeling very sick for two days, you are vomiting and passing stools very frequent. They are not painful but you feel very weak, you had lung problems a month ago and you still have problems breathing. This happens to you often, normally after rainy season, so you know it will pass, it is always the same and you don’t want to go to the clinic.

**Mother:**

You are really worried by your father. You want him to listen to the ORT volunteer that will come to the house, and you will ask this person to explain to you how to prepare the ORS solution and how to clean and disinfect the house to avoid others of the family falling sick. You heard that more women in the market are getting sick.

**Father:**

You are worried by your father-in-law, but you know is not just him who is sick. More people in the community have diarrhoea and you had it last week yourself. This you will explain to the ORT volunteer when she/he comes in the house. You also will tell him that is quite expensive and dangerous to go to the clinic, that you will only do it if it’s an important matter. But you are worried that now your daughter and wife will be sick also, so you ask the ORT volunteer what you have to do to prevent falling sick. But you don’t like chemical products.

**Daughter:**

You are the one who has told your teacher that your grandfather was sick and vomiting a lot. You suspect he also has diarrhoea but you are not sure as it’s a private topic. You have seen his vomit and looks different from a normal one, it’s like the water when we are cooking rice at the house. You will tell this information to the ORT volunteer. You will also ask how to wash your hands properly.

**SCENARIO 2 – Women vendors at the market**

A group of women are gathered at the market, talking about how the day went and they are exhausted and wanting to go home. Suddenly the ORT volunteer arrives…

**ORT volunteer:**

From the visit you did to the family before, you got the information that women are getting sick in the market. You want to talk to them and see if that is true and if it might come from unsafe practices at the market, ask those women about what they sell and hygiene practices they do. Prepare yourself to explain the routes of transmission, how to prepare the ORS solution in case someone is sick. The hygiene messages and referral key messages.

**Woman 1:**

You sell fish at the market. Your fish is fresh, your husband is a fisherman and brings you fresh fish every morning. As it comes you sell it. If you are asked about your hygiene practices you will explain that you wash the fish with water and salt and sell it. You can explain that your husband has been sick these days with diarrhoea but that you, are fine. This means you are not sick.

**Woman 2:**

You sell prepared food in the market You cook in the morning because it’s a lot of work. Afterwards you keep it hot but without covering so everyone can see it and smell it, it sells better this way! If you are asked about your hygiene practices, you normally wash your hands before preparing the food, but you don’t wash your utensils with soap because this is quite expensive. You ask the ORT volunteer if he/she could give it to you.

**Woman 3:**

You sell fruits and vegetables in the market. It’s been 5 days you couldn’t come because your family was sick. You can’t bring them to the clinic, is too far and expensive. You want to give them antibiotics because you have been told it’s the best way to cure them from diarrhoea. You can explain this to the ORT volunteer.

**Woman 4:**

You sell fruits and vegetables, you peel them, and you prepare them ready to be cooked, you wash them with water and you put them in a plastic bag to sell. You can explain this. You can ask if there is a problem with the water and what you should do, but you won’t be accepting purification tablets as they give weird taste to the water.