



Protection from Sexual
Exploitation and Abuse
PSEA Network Myanmar



unicef
for every child

PUMPI KIZUAK TE TAWH LUMKHAWM KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
hi cih na muanmawh leh thu zasak in

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:



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KUM 18 CING NAILO TE MAWHPIH KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
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MAWHPIH NOP MAN IN PANPIHNA BAWL KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
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NA ZALIATNA ZANGIN ZAWHTAWH THU TAWH MAWHPIH DING HANCIAM KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
hi cih na muanmawh leh thu zasak in

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:



ZAWHTHAWH THU TAWH MAWHPIHNA NA BAWL HIAM?

ZAWHTHAWH THU TAWH MAWHPIHNA,

BANG HIAM CIH NA THEI HIAM?



Zawhthawh thu tawh
mawhpihna tawh kisai
gentehna te:

- Pumpi tung nate ahih kei
leh mel leh sa zui aa,
mawhpih theih nading
bawl na.
- Zahmawh te tawh kisai,
ahih kei leh a kihuai
ciammuh genna.
- Lampi khat peuh tawh
nulehpa mawh theih
nading sepna.
- Mawhpih ding aa ngetna.
- A uanglua aa
kilawn, kizuutna.

Hih mun aa kigen khalo
adang gentehna tampi
omlai hi.

Kawlgam sung aa nasem numei veekpi ii' alangval te in, nasepna mun ah,
nulehpa mawhpih nopna leh zahmawh bawlsiatna thuak hi.
Nangbek nahi kei hi. Na muan khat tawh kikum in. Nang hong ki zawhthawh
bawl leh adang khatpeuh in zong tua bang mah a thuak ahi hi.

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:

**Nang leh midangte in buanna nathuakkhakloh nading un
kikemkhol un. Huhna hong piathei nasemte'thu
bangtan na theikhin hiam?**



HUHNA VANTE A KHAWNKHONG IN KINGAH HI

**Na piakkhiat huhna paulam in
bangkhat peuh ngettheih khuan omlo hi.**

A san'zawh huailo gamtatna te ko inla khia in.



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bangtan na theikhin hiam?**



HUHNA PIA TE IN,ZALIATNA TUNGTAWN IN THUMANLO NASEP KHUAN OMLO HI

**Huhna pia te in,mawhpih dingin, ngetna ahih kei leh
zawhthawh kampau nate zat khuan omlo hi.**

A san'zawh huailo gamtatna te ko inla khia in.



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kikemkhol un. Huhna hong piathei nasemte'thu
bangtan na theikhin hiam?



HUHNA PIA TE IN HUHNA
PAULAM IN MAWHPIH DING
NGETKHUAN OMLO HI

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kikemkhol un. Huhna hong piathei nase'mte'thu
bangtan na theikhin hiam?



NAUPANGNO LEH
(KUM 18 CINGLO TE) MAWHPIH
KHUAN OMLO HI

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**HUHNA PIA TE IN, ZALIATNA
TUNGTAWN IN THUMANLO NASEP
KHUAN OMLO HI**

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