



Protection from Sexual
Exploitation and Abuse
PSEA Network Myanmar



unicef
for every child

PUMPI KIZUAK TE TAWH LUMKHAWM KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
hi cih na muanmawh leh thu zasak in

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:



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KUM 18 CING NAILO TE MAWHPIH KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
hi cih na muanmawh leh thu zasak in

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

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KIZOP NADING PHONE NAMBAT:



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MAWHPIH NOP MAN IN PANPIHNA BAWL KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
hi cih na muanmawh leh thu zasak in

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:



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NA ZALIATNA ZANGIN ZAWHTAWH THU TAWH MAWHPIH DING HANCIAM KEI IN



Zawhthawh thu tawh hong mawhpih nuam om
hi cih na muanmawh leh thu zasak in

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:



ZAWHTHAWH THU TAWH MAWHPIHNA NA BAWL HIAM?

**ZAWHTHAWH THU TAWH MAWHPIHNA,
BANG HIAM CIH NA THEI HIAM?**



**Zawhthawh thu tawh
mawhiphna tawh kisai
gentehna te:**

- Pumpi tung nate ahii kei
leh mel leh sa zui aa,
mawhiph theih nading
bawlina.
- Zahmawh te tawh kisai,
ahii kei leh a kihuai
ciammuih genna.
- Lampi khat peuh tawh
nulehpa mawh theih
nading sepna.
- Mawhiph ding aa ngetna.
- A uanglua aa
kilawn,kizuutna.

**Hih mun aa kigen khalo
adang gentehna tampi
omlai hi.**

**Kawlgam sung aa nasem numei veekipi ii' alangval te in, nasepna mun ah,
nulehpa mawhiph nopna leh zahmawh bawlsiatna thuak hi.
Nangbek nahi kei hi.Na muan khat tawh kikum in. Nang hong ki zawhthawh
bawl leh adang khatpeuh in zong tua bang mah a thuak ahi hi.**

NA LUNG HIMAWHNA TE KIKUP THEIH NADINGIN:

NA MIN:

KIZOP NADING PHONE NAMBAT:

Nang leh midangte in buanna nathuakkakloh nading un
kikemkhon un. Huhna hong piathei nasemte'thu
bangtan na theikhin hiam?



HUHNA VANTE A KHAWNKHONG IN KINGAH HI

Na piakkhat huhna paulam in
bangkhat peuh ngettheih khuan omlo hi.

A san'zawh huailo gamtatna te ko inla khia in.



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Nang leh midangte in buanna nathuakkakloh nading un kikemkhol un. Huhna hong piathei nasemte'thu bangtan na theikhin hiam?



HUHNA PIA TE IN,ZALIATNA TUNGAWN IN THUMANLO NASEP KHUAN OMLO HI

Huhna pia te in,mawhpih dingin, ngetna ahih kei leh zawhthawh kampau nate zat khuan omlo hi.

A san'zawh huailo gamtatna te ko inla khia in.



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Nang leh midangte in buanna nathuakkakloh nading un
kikemkhon un. Huhna hong piathei nasemte'thu
bangtan na theikhin hiam?



HUHNA PIA TE IN HUHNA PAULAM IN MAWHPIH DING NGETKHUAN OMLO HI

A san'zawh huailo gamtatna te ko inla khia in.



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Nang leh midangte in buanna nathuakkakloh nading un
kikemkhon un. Huhna hong piathei nasemte' thu
bangtan na theikhin hiam?



NAUPANGNO LEH (KUM 18 CINGLO TE) MAWHPIH KHUAN OMLO HI

A san'zawh huailo gamtatna te ko inla khia in.



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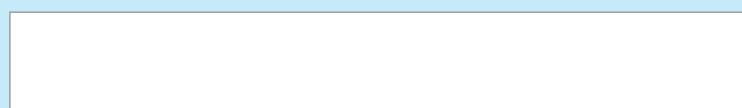
Nang leh midangte in buanna nathuakkhakloh nading un
kikemkhoh un. Huhna hong piathei nasemte'thu
bangtan na theikhin hiam?



HUHNA VANTE A KHAWNKHONG IN KINGAH HI

Na piakkhiat huhna paulam in
bangkhat peuh ngettheih khuan omlo hi.

A san'zawh huailo gamtatna te ko inla khia in.



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**Nang leh midangte in buanna nathuakkhakloh nading un
kikemkhол un. Huhna hong piathei nasemte' thu
bangtan na theikhin hiam?**



HUHNA PIA TE IN, ZALIATNA TUNGAWN IN THUMANLO NASEP KHUAN OMLO HI

**Huhna pia te in, mawhpih dingin, ngetna ahih kei leh
zawhthawh kampau nate zat khuan omlo hi.**

A san'zawh huailo gamtatna te ko inla khia in.



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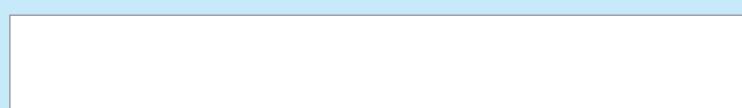
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**Nang leh midangte in buanna nathuakkhakloh nading un
kikemkhол un. Huhna hong piathei nasemte'thu
bangtan na theikhin hiam?**



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A san'zawh huailo gamtatna te ko inla khia in.



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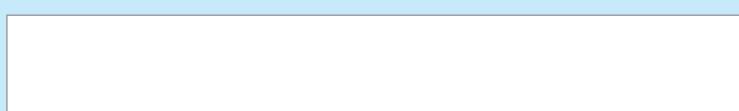
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Nang leh midangte in buanna nathuakkhakloh nading un
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